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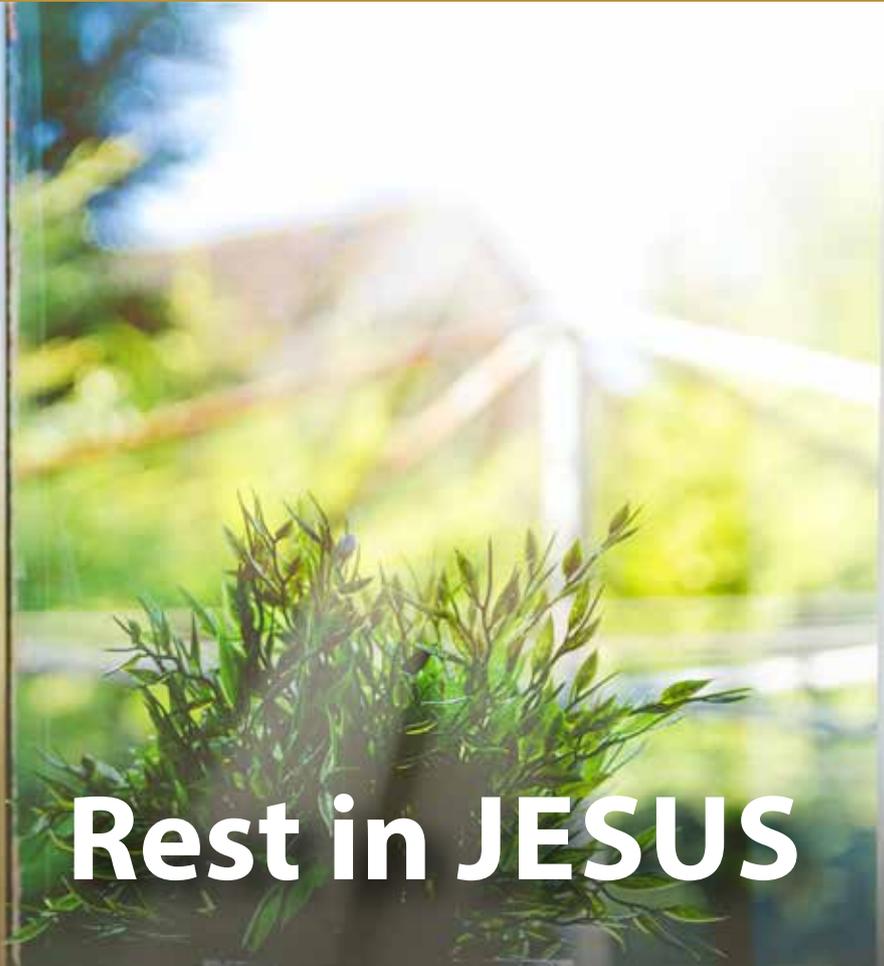


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Rest in JESUS

Matthew 11:28-30 is a familiar passage to us. It calls us to find rest in Jesus. John Lee and Peter Ng touched on this issue in their sermons recently. What does it mean to rest in Jesus? How can one rest when everything is going southwards? Is rest possible when everything seems uncertain and volatile?

In Luke 1:26-37, Mary, a young virgin, was told that she would give birth to a son, the Son of God. In that moment, Mary's life was completely changed - from normality and certainty into the unknown with no roadmap. To be the mother of Jesus? To have her son rejected and despised? To see her son hanging on a

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cross? Yet she said in submission,

**"I am the Lord's servant.
May it be to me as you have
said"(Luke 1:38)**

And from this young lady comes a beautiful song of praise to God, in verse 46-55. Mary was able to rejoice in God because he was her Saviour, the Mighty One who had done great things for her. She was not asking God for certainty. She was resting on God's mercy which extends to those who fear Him. She knew that her God was a promise keeping God, a faithful God, a just and holy God. Her God is the one who cares for the downtrodden, the little people. She was willing to let go of her ambitions, hopes and plans. She realised that it was only in God's will that she will find blessings and joy.

Resting in Jesus does not mean our troubles will go away. It does not mean we will have the exact roadmap for our futures. We live in an uncertain world. Our future may not be the one we envisage. And Covid has taught us that the best laid plans of men can change in a twinkling of the eye.

What is resting in Jesus? To me resting means submitting to Jesus, to take on his yoke, to say "your will be done" to Jesus, to cling on to Jesus in the storm, to listen and to obey. It is not easy. It means letting go my desire to lead a comfortable life. It is actually very difficult. It is saying no to self, it is saying yes to change, yes to serve Jesus with undivided heart. It is also saying yes to the rest that only Jesus can give, the rest that brings peace, quietness and confidence (Isa 37:17-18). I can admit that I am lacking. I can leave my weariness and burdens at Jesus feet, to drink from the well that never runs dry and feed on the bread of life. I find rest in Jesus in prayer and solitude. I find rest in the words of Scripture. I find rest in God's people - praying together, studying together, working together, laughing and even crying together.

May I encourage you to find your rest in Jesus. His arms are open wide to receive us. He is calling us to go to him and find the perfect rest.



By Phyllis Yew

Phyllis is the leader of Prayer Ministry



| Pulpit Program

December 12, 2021
Walking on Water
(Matthew 14:22-35)



PREACHER
Lee Yee Dian

December 19, 2021
They Will Live Securely Under King Jesus
(Micah 5:14)



PREACHER
Dr Kyle Essary

December 25, 2021
Christmas Message
(John 1:1-14)



PREACHER
Arnold Lim

December 26, 2021
TBC



PREACHER
Arnold Lim

| Worship with Us



MAIN SERVICE
| ZOOM |
Sundays 8:45am & 11:15am



YOUTH SERVICE
| ZOOM |
Sundays 9:00am



SUNDAY SCHOOL
for Ages 0-12yrs
| ZOOM |
Sundays



Call office to know more:
03-5621 2623

PRAYER SPOTLIGHT

Rest in Jesus



1. Pray that God will show us what it means to rest in Jesus.
2. Pray that God will help us discern the signs of unrest or dependency in things other than Jesus.
3. Pray that God will send us people that can help us through the process of renouncing our dependency in things other than Jesus.

| Upcoming Events



Open for Registration
Starting 12 December, Sunday
8:45am (1 Service)
Kindly go to www.fbc.com.my to register or [CLICK HERE](#)



Christmas Celebration
Join us on ZOOM
19 December, Sunday
2:00pm - 4:00pm
Zoom ID: 977 1270 6227
Password: fbc



FBC Subang Jaya Christmas Service
Join us in-person or on ZOOM
25 December (Saturday) & 26 December 2021 (Sunday)
8:45am



Romans
From Wretchedness To Righteousness
Every Wednesday
For more information, contact Church Office at 03-5621 2623



Is There More to Life Than This?
Alpha 21 will begin on 6 January 2022.
Every Thursday 8:00pm
[CLICK HERE](#) to register for the next Alpha program.



Daily Prayer Meeting
Every Saturday to Thursday
9:00pm
Zoom ID: 929 735 694
Password: pray

More Information on Upcoming Events